

Palmers Lunch Menu

New England Clam Chowder 6.25

Soup du jour 5.75

Palmers Onion Rings 6.75

Basket of hand-cut sweet golden fried onions

Palmers House Salad 6.25

Organic greens tossed with Dijon balsamic vinaigrette garnished with cucumber, tomato, and red onion

Caesar Salad 7.25

Romaine lettuce tossed with our own Caesar dressing, Parmesan cheese and croutons

Big Caesar Salad

With Grilled Shrimp 12.00 or Grilled Chicken 10.75

Grilled Chicken on Harvest Salad 12.50

Grilled chicken over baby greens with sliced apples, cider dressing, blue cheese and walnuts

Marinated Beef Tips on Classic Greek Salad 14.75

Grilled Asparagus Bundle 10.50

Grilled asparagus with wild mushrooms and roasted herb tomatoes with shaved Parmigiano-Reggiano cheese, drizzled w/aged balsamic vinegar

Crab-Stuffed Avocado 10.50

Ripe halved avocado stuffed with fresh Maine crab salad on baby greens w/ cilantro-lime vinaigrette

Spinach Salad 7.25

Baby leaf spinach tossed with mandarin oranges, vanilla bean dressing and toasted almonds

Grilled Salmon 14.75

On Palmers house salad with mango dressing

Italian Salad 9.25

Lolla Rosa with smoked aged provolone cheese, artichoke hearts and rosemary balsamic dressing

5 Spice Ahi Tuna 13.50

With spicy cucumber salad and toasted rice vinaigrette

Chicken Satay 9.50

Szechuan chicken skewers in a spicy peanut sauce served over vegetable lo mein noodles

Shrimp and Tomato Pasta 13.00

Sautéed shrimp with garlic, white wine, tomatoes and fresh basil over pasta du jour

Palmers Classic Hamburger or Cheeseburger 9.75

Served with French Fries... add: mushrooms, bacon or onions .75

Grilled Veggie Roll-up 8.50

Grilled vegetables with olive oil and balsamic drizzle in a Palmers wrap

Palmers Turkey Club 8.25

Roasted turkey breast, bacon, lettuce and tomato

Hot Pastrami Sandwich 7.75

With Swiss cheese on a bulky roll

Crabmeat Salad Sandwich 8.75

Palmers Grilled Chicken Roll-up 8.50

Grilled chicken, sliced avocado, Monterey jack and cheddar cheese with cilantro mayonnaise in a wrap

Tuna Melt 8.25

Tuna salad on open-faced sourdough bread with tomato and melted Swiss cheese

Blackened Scallops 15.75

On baby leaf spinach with warm bacon-walnut vinaigrette and gorgonzola cheese

New York Sirloin 13.75

8 oz grilled sirloin with port wine sauce and blue cheese, served with French Fries

Chicken Marsala 14.75

Chicken breast sautéed in a marsala sauce, served with rice and vegetable

Grilled Scallops 15.50

With a bacon and onion butternut squash and a pumpkin cream, served with rice and vegetable

Baked Haddock 14.75

Served with rice and vegetable

Fish and Chips 12.75

Served with French fries and roumalade

Caribbean Salmon 14.75

Grilled salmon with a melon sauce, served with rice and vegetable

Palmers Crab Cakes 12.75

Made with fresh Maine crabmeat and served with remoulade, rice and vegetable

Macadamia Crusted Chicken 14.75

Tender chicken breast in macadamia nut crust with a coconut mango sauce, rice and vegetable